



Term 2 Week 7

St. Mary's Primary School Newsletter

website: www.smswanhill.catholic.edu.au



June 6th 2022

Welcome to Week 7

Dear Parents and Families,

It's out with the old and in with the new! We are updating our school newsletter and from next week you will receive a new look format. It will still contain key information and keep you up to date with news from school but has some great added features as well! Be sure to check it out and we would love any feedback about how easy you find it to use.

School In Action Tours Monday, Wednesday and Thursday morning this week

This week we are holding our School in Action Tours for families with preschool aged children looking to enrol in Foundation in 2023. School in Action Tours give families the chance to see how our school operates in real time by visiting different classrooms as they go about their daily work. They really are a great opportunity for prospective parents to look around our beautiful school, particularly our vibrant junior classrooms and to gather information about St. Mary's. Thanks to all the staff in the Foundation area who make these mornings such a positive experience for those who come along.

Personalised
tours welcome
at any time

Get off to a Flying Start

St Mary's free school familiarisation program for PRE-SCHOOL CHILDREN
Our 4 week program starts on Thursday July 21st
Session times: 9am-10.30am and 11.30am-1pm
Contact our office on 5033 2541 for further information or to book a place



Let your child experience life at St Mary's enjoying our Phonics, Music, PE, Italian, Art and Technology Programs

School in Action Tours
Monday June 6
Wednesday June 8
Thursday June 9
at 9.30am-10.30am



ST MARY'S PRIMARY SCHOOL
2 Murlong Street, Swan Hill

Email: office@smswanhill.catholic.edu.au Website: www.smswanhill.catholic.edu.au
[f](https://www.facebook.com/stmarysswanhillvictoria) [i](https://www.instagram.com/stmarysswanhill) #stmarysswanhill



Bilingual Signage

If you drive your children to school I'm sure you have seen our "Hello" new sign on the front gate. St Mary's is proud to have a diverse range of students from many different nationalities attend our school and this sign incorporates a number of the main languages spoken by our student population.

Flying Start and 2023 Enrolments

The forms are starting to come in and places are filling fast, especially in the 9.30am sessions, so don't forget to contact the school to confirm a place for your preschooler. They love the chance to experience sessions of Phonics, Music, Italian, Physical Education, Art and Technology and to meet many of our teachers along the way. Flying Start runs in Term 3 on Thursday or Friday mornings from (1) 9:00 to 10:30 and (2) 11:30 – 1:00 for all interested families. Ring the office for more information.



Reports

Our teachers are currently working hard at writing Semester 1 student reports. This is a great time of the year as we celebrate our student growth and learning and we look forward to sharing this with families when reports are mailed out during the last week of June.

NCCD - National Consistent Collection of Data

Today you will find attached information for all parents about the funding changes for children who require extra support to achieve learning outcomes at school. This is a National Government initiative and affects all schools in Australia. Please take the time to read the information provided and feel free to ring for further clarification.

Year 5 & 6 Personal Development Information Evening

Parents are invited to attend an information meeting Monday 20th June, beginning at 7.00pm. It is suggested that parents/carers attend this information meeting, so they are clear as to what our class teachers are presenting to the children. Parents can also take this opportunity to ask any questions they have regarding the content of the program and to learn how to deal with some of these issues and questions at home. Many thanks to our Year 5 & 6 teams for their organisation of this session.

Parent Helpers Workshop

We have had many requests from parents who would like to assist in classrooms now that we are back on site. For those interested, Mrs Hall is running a Parent helpers workshop on **Thursday June 16th from 9.15am-10:00am**. Please ring the office to let us know you are planning to attend.

Long Weekend & Pupil Free Day

Please note that there is **no school next Monday, June 13th** due to the Queen's Birthday Holiday. The school newsletter will be published on Tuesday. Next **Friday, June 17th** is a Staff Professional Development Day (Pupil Free Day).

Have a terrific week and I look forward to seeing many of you at assembly hosted by **1Q** on Friday.

Kate



Wellbeing with Mrs Gook

Managing anxiety before it becomes a problem

The president of Australian Primary Principals Association (APPA) recently highlighted the enormity of the anxiety problem that children are facing. A survey of primary schools across Australia conducted by the APPA showed that 80% of school leaders regard anxiety as a significant issue for children. Research shows that childhood anxiety left unmanaged will almost certainly re emerge, highlighting the importance of early detection and management of anxiety. Parents, as first responders, play an important role by minimising the impact of stressful moments before they lead to full-blown anxiety. Here's how they can help.

Recognise anxiety triggers

Recognising the events that trigger anxiety is the first step in helping a child to manage their stress. Rapid or unpredictable change, new social situations, unfamiliar events and difficult experiences are the most common anxiety stressors for kids.

Know how it shows

Stress and anxiety show in many ways however most children display anxiety behaviours that are unique to them. Typically, anxiety shows through physical signs such as chest pains, nausea and headaches. Anxiety can be observed through behavioural clues such as avoidance of activities, aggression, concentration difficulties and constant fiddling and movement. Worrying, overthinking and catastrophising are also common in children who experience anxiety. Knowing how anxiety shows in your child will alert you to respond appropriately with support and understanding.

Give kids tools to manage their states

Once anxiety is experienced it never truly disappears. It's always there in the background. Anxiety needs managing so kids can get on with their lives rather than become overwhelmed by stress and worry. Providing children with tools to manage their thinking, emotional and physical states prevents anxiety from becoming debilitating. Management tools such as deep breathing, mindfulness and exercise as well as techniques to help kids distance themselves from their anxiety-inducing thoughts help them minimise the impact of stress.

Help them understand how anxiety works

Children who understand what happens in their brains and bodies when they are stressed are better able to manage their anxious states. Providing children with a thorough knowledge of how anxiety works and how it shows empowers them to push their worries into the background while they get on with their lives. Managing anxiety takes practice, but it's absolutely essential if children are to flourish rather than become overwhelmed by stress and worry.

In closing

Stress and anxiety have accelerated with the impact of the pandemic. The growing rate of anxiety is no one's fault, however it does mean that parents need to become more knowledgeable about how anxiety works, how it shows and how you can help your children.

Religious Education with Mrs Davies

Share the Good News!

This is related to the quote from Mark's Gospel 16:15 "Go into all the world and proclaim the good news to the whole creation". The Good News are stories of all the wonderful things that are happening. Jesus brings the good news to everyone in teaching us our Gospel values of love, kindness and compassion. The word Gospel means 'good news'. And just like Jesus, we are called to go out and tell the good news, to be 'Jesus in the world' by our loving actions.



At St Mary's we reflected on how the Good News is present in our everyday lives. Here is the link to watch video -

<https://www.facebook.com/stmarysswanhillvictoria/videos/328382129451385>

Physical Education with Miss Clark

Regional Cross Country

It was eye-wateringly cold for the Regional Cross Country event held on Tuesday the 31st of May at St Arnaud. The conditions were very challenging with the wind picking up and I don't think it reached more than six degrees for the day! The 19 St Mary's students racing did an amazing job at representing our school and can be super proud of their efforts. We have 3 students who have qualified for the next level. They are Jedd M, Callum M and Mia H. We wish these students the best of luck at States and I again want to congratulate all the students for making it to the Regional level.



Girls Footy

Today our school has two girls teams that are made up of Year 5 and 6 students playing against other local schools in a 12-a-side Girls Football competition. It is great to see so many girls enjoy and be a part of the growing popularity of this sport. We wish our St Mary's teams the best of luck competing today.

Year 5 and 6 Division Winter Sport

The Year 5 and 6 students have completed their fourth training session with the Mackillop students this week. There is one more session to go before the Division Winter Sport competition held on **Tuesday the 21st of June**. Students will compete in either Football, Netball, Soccer or T-Ball. Parents and guardians please check PAM for permission for your child/ren to attend.



OUT OF SCHOOL HOURS CARE
@2 Murlong

The Out of School Hours Care program, @ 2 Murlong, is operating out of the gym hub and provides before and after school care for school age children in the Swan Hill area. Please express your interest via the following link;

<https://prodadmin.myxplor.com/enrollment/index/dHdBOThsSW9JeHUxYTEwaHNxZIMrdz0>

Week 7 Activities	Monday June 6th	Tuesday June 7th	Wednesday June 8th	Thursday June 9th	Friday June 10th
Before School Care	Lego fun	Imagination Station - Train Tracks	Let's make our own breakfast	Captain Ball and Tunnel Ball	Where's Wally? Books
After School Care	Gaga Ball Sandpit Fun	I Spy Everyones it Tiggy	Hockey Skills Kinetic Sand Creations	Green Thumbs Let's feed the chooks Music in the music room	Playground Adventures Science with Rob

KEY DATES

Monday June 6th

Year 5 & 6 Girls Footy Day

Mon June 6, Wed June 8th

& Thurs June 9th

School in Action Tours
9.30am-10.30am

Friday June 10th

1Q Assembly 12.25pm

Monday June 13th

Public Holiday
Queen's Birthday

Tuesday June 14th &

Wednesday June 15th

Circus Challenge Incursion

Thursday June 16th

Classroom helper workshop
Call the office to register

Friday June 17th

Pupil Free Day
Staff PD - RE

Monday June 20th

Parent Information Meeting
Year 5 & 6 Personal
Development Program
7pm

Tuesday June 21st

Year 5 & 6 Winter Sports
Information has been sent
via PAM

Friday June 24th

End of Term 2
Foundation E Assembly
12.25pm

Canteen News

Our canteen menu is currently undergoing a revamp. You will see some changes to our menu when ordering on CDF Pay and a hardcopy of the new menu will be provided to families soon.

Our Thursday Winter Warmer special is a **Rivett's Bakery Meat Pie \$4.50** Available through the Specials menu on Thursdays only. We also have **Chicken Tenders** on the menu, available everyday for \$1.50 each. **Hot cheese toasties available every day for recess \$2.50. Order via the recess menu.**



Our cut off time for CDF Pay orders is now 9.30am

<https://smswanhill.cdfpay.org.au>

CANTEEN ROSTER

Mon June 6th	Tues June 7th	Wed June 8th	Thur June 9th	Fri June 10th
Lisa Brady	Halima Hussain	Lauren Tonkin	Kathryn Auricht	Belinda Free Lauren Martin
Mon June 13th	Tues June 14th	Wed June 15th	Thur June 16th	Fri June 17th
Public Holiday	Kathryn Auricht	Kylie Andrews	Helper needed	Pupil Free Day

News from the Office

School Beanies

As the weather cools down, jump on to CDF Pay and order your child a beanie (\$15 each).

Rapid Antigen Test Collection - Weeks 5-8

You can collect your test kits from the office window for Weeks 5-8 (2 boxes per student) between 8.30am and 4pm. Please notify the office via email if someone else will be collecting them on your behalf.

Book Club - Issue 4

Scholastic Book Club Issue 4 has been sent home. We will not be accepting cash payments for orders. Please order online following the instructions below.

Issue 4 orders are due by Wednesday June 8th

This is the link for LOOP, which will allow you to make an online order and payment;

<https://mybookclubs.scholastic.com.au/Parent/Login.aspx>

If you are not registered for LOOP, click on the link above and create a new account. You will need to enter your details, add children and select our school (typed as is here);

St. Mary's SWAN HILL

If you have any questions or are having trouble with the LOOP ordering

system, please contact the office via email - office@smswanhill.catholic.edu.au



Student of the Week - Term 2 Week 6

6A	Skye P	Lana B
6B	Lenny R	April G James X
6W	Violet C	Bodhi S
6Y	Yasmin H	Zaidee A
5 ORANGE	Madison B	Hugh W
5 YELLOW	Reve O'T	Ryley Q
5 GREEN	Brydie A	Tommy N
5 BLUE	Archer J	Noa Bella W
4K	Sarah L	Ella S
4L	Harlow R	Dex M
4M	Scarlett F	Rylan G
4N	Charlotte T	Foley S
3G	Elouise McC	Jack L
3H	Louis R	Alex G
3I	Katie A	Lilly W
3J	Henley M	Farhan H
2R	Thea T	Aria C
2S	Wilhem F	Mine' D Kaylynn F
2U	Sohiel H Z	Willow W
1O	Eveleen K	Helen S
1P	Charlotte L Maddison S	Braxton M
1Q	Isabel I	Gussie B
FC	Iylah N	Oscar B
FD	Hattie M	Raya Mck
FE	Emily D	Abigail McC
FF	Christian K	Lara M
FT	Adam H	Matilda C
Art	Hayley K, Zyma A, Milan P, Isabel I, Eva R	
Music	Johannes O, John G	
Drama	Lewis K, Ranfateh B	
Italian	Harrison R, Adam H, Xavier L, Emma W	
PE	Aiden K, Brayden M, Reve O'T, Raf F	



HAPPY BIRTHDAY TO...

JUNE 6 - JASMEEN B, ARCHIE B, CHARLI S
MAEVE MCI, GEMMA N,

JUNE 7 - RUBI K

JUNE 8 - NOAH O'S

JUNE 9 - LANDON M

JUNE 11 - AIDEE B, YAZMIN R, MILLIE S

WE HOPE YOU HAVE A LOVELY DAY



**MURRAY MALLEE BOWLS
REGION**

JUNIOR BOWLS COME TRY DAY

**An opportunity for juniors
aged 8 and above to try
the sport of bowls during
the school holidays.
No cost whatsoever.**



- **WEDNESDAY 29TH
JUNE @ MILDURA
BOWLS CLUB, 10AM -
12PM**
- **THURSDAY 7TH JULY
@ BERRIWILLOCK
BOWLS CLUB, 10AM -
12PM**
- **THURSDAY 7TH JULY
@ BARHAM BOWLS
CLUB, 2PM - 4PM**
- **MURRAY DOWNS
BOWLS CLUB, 11AM -
1PM**

**For enquiries about the
days, please contact Josh
Thornton on 0474 741 177
or josht@bowlsvic.org.au**



**To register, and select the appropriate venue, click on the
link below :**

<https://murraymallee.bowls.com.au/juniors/>

Nationally Consistent Collection of Data (NCCD) On School Students with Disability

What is the Nationally Consistent Collection of Data?

Schools must now complete the *Nationally Consistent Collection of Data on School Students with Disability (NCCD)* every year. It counts the number of students who receive additional adjustments or “help” at school because of a disability. The NCCD helps governments plan for the needs of students with disability.

Who is counted in the data collection?

To count a student in the NCCD, schools must think through some key questions:

1. Is the student getting help at school so that they can take part in education on the same basis as other students?
2. Is the help given because of a disability? The word ‘disability’ comes from the [Disability Discrimination Act 1992](#) (DDA) and it can include many students.
3. Has the school talked to you or your child about the help that they provide?
4. Has the school kept records about the help they provide, the student needs and the reasons that the student needs this help? The school will need to keep copies of tests, student work, assessments, records of meetings, medical reports or other paperwork and information about how the student’s learning is moving along over time.

Once the school decides that the student should be counted in the NCCD, they then choose a disability group and one of four levels of help that has been given to the student.

What does the word ‘disability’ mean in the NCCD?

In the NCCD the word ‘disability’ comes from the [Disability Discrimination Act 1992](#) (DDA). There are four types of disability that the school can choose from: sensory, cognitive, social-emotional and physical.

Many students that need help at school can be counted in the NCCD. For example, students with learning problems, e.g. specific learning disability or reading difficulty (sometimes called dyslexia), health problems (e.g. epilepsy or diabetes), physical disability (e.g. cerebral palsy), vision/hearing loss and social-emotional problems (e.g. selective mutism, Autism Spectrum Disorder, anxiety).

Letters from doctors or specialists can be very helpful for schools as they plan how to support students with their learning. Schools do not need to have these letters before they can count a

student in NCCD. Teachers can use all that they know about the student's learning and the records that they have collected over time to decide if a student can be counted in the NCCD.

What sort of help does the school give students?

Students need different types of help at school. Some students need a little help sometimes while other students need a lot of help nearly all the time. The type of help given depends on the needs of the student. The help can include changes to the school buildings or grounds (e.g. ramps or things like special desks or chairs), extra teacher help in classes, special learning programs, changes to the work they give the student or extra adult help.

How will the NCCD be different this year?

All schools have been counting students in the NCCD since 2015. The government will use the NCCD data as part of the funding to schools.

What will the school need to know about my child for the NCCD?

Schools work together with families to understand the needs of each child. It is helpful if families give their child's teacher a copy of any letters or reports they have. The letters or reports will help the school understand the child and the help that they might need. Letters from doctors, psychologists, speech pathologists, doctor, and occupational therapists etc. can be very helpful for schools. These reports along with information that the teacher has (i.e. school based tests, your child's work and learning plans) helps the school to understand and meet your child's needs.

What happens to the NCCD data? Who will have the NCCD information?

Each school principal must check the NCCD data in August of each year. The school will give the information to the Catholic Education Office. The school will work with the Catholic Education Office to make sure that the NCCD data is OK before they give the data to the government. The government will not be given the names of any students or any letters or records. Please ask your school for their privacy policy if you need to know more.

Does the school need me to agree with them about counting my child in the NCCD?

Amendments were made to the [Australian Education Act 2013](#) and [Australian Education Regulation 2013](#)). Schools do not need you to agree to let them count a child in the NCCD. You cannot ask the school not to count your child.

Where can I find out more?

Please contact your child's school if you have further questions about the NCCD and/or refer to the national [NCCD Portal](#).



Students in Foundation & Year 1 enjoyed an interactive performance from The flying Bookworm last week. Here are some highlights.....

