

St. Mary's Primary School Newsletter

website: www.smswanhill.catholic.edu.au

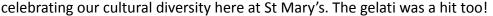


March 28th 2022

Welcome to Week 9

Dear Parents,

It was a sea of national dress and colour here on Tuesday as we celebrated our annual Harmony Day and everyone loved the opportunity to work with different teachers and students in Community groups. A highlight of the day was the Vietnamese "Kool Kids" who performed for the whole school to kick off what was a great day of









Parent Teacher Conversations

Our first Parent Teacher Conversations for the year are running this week on Tuesday 29/3 and Wednesday 30/3. This is a great opportunity for all parents to book a time to spend with your child's teacher. Our Year 2 - 6 students will participate in 3 Way Chats with **both parents and their children** required to attend. Foundation and Year 1 will have Parent/Teacher interviews where the children are not required to attend.

School interviews can be booked through PAM for you to book a time for your child's Parent/Teacher

Conversation.

You can log on yourself and choose your preferred time or alternatively contact the office and we can do this for you. The allocated time is 10 mins per chat and will be held in your child's classroom.

Parent / Teacher Interviews will be held at:

- 3.40pm 7.30pm on Tuesday 29th March 2022
- 3.40pm 6.00pm on Wednesday 30th March 2022



Open Day

This Sunday, April 3rd we are holding our second Open Day with tours at 10 am and 11 am for families with children enrolling in 2023. Open Day is a chance for prospective parents to have a look around our beautiful school, particularly our Foundation classrooms and to gather information about St. Mary's. Please call the office on 50332541 to register or fill in a registration form at:

https://app.enquirytracker.net/webforms/event-registration/80bf6780-97a6-497a-87fb-847fc2d93e8c



Enrolments for 2023

Enrolments are now open for children who start Foundation in 2023. Interviews for new and existing families will take place later in Term 2 and continue in Term 3. Parents of existing families who have a child to start in 2023, please ring the office so an enrolment form can be forwarded to you.

NAPLAN practice tests

At the moment our Year 3 and Year 5 students are practising using the online format in preparation for the NAPLAN testing which runs this year from May 10 - May 20th.

These test knowledge and skills in Literacy and Numeracy. The results of these tests provide information to teachers and parents which can be then used to support the teaching and learning programs. By analysing results, teachers can adjust teaching strategies to provide appropriate support or identify students who would benefit from enrichment activities

Students who are funded under Special Needs may be exempted from completing the NAPLAN tests. Parents/Guardians who do not want their child to sit the test, please contact the school for an Exemption form. If your son/daughter is not a funded student, a parent/guardian may withdraw the student from one or all of the NAPLAN tests. Parents/ Guardians need to contact their childs teacher, Ginny Gook or myself if they wish to withdraw their child from any of the NAPLAN tests.



P & F Easter Raffle

Today your child will bring home a flyer for the Easter raffle. Tickets are \$1 and the prizes are hampers of delicious Easter goodies! Always a favourite with the kids (and big kids too!). Proceeds from this raffle and the St Pat's Races are going towards the creation of a new sensory garden near the Year 3 classrooms.



Mary Mackillop said "Never need without doing something about it" and we have witnessed this in action with the recent response to the Lismore floods.

The Lee family have shared this following information and open letter from the communities our donations have supported.



Thank you to the St Mary's community for donating just over 2000 in gift cards and cash donated from the St Mary's School family and friends, plus an estimated \$5000 worth of new and near new items in the trailer.

'To the St Mary's Primary School, on behalf of the Quinnell, Sales, Richardson, Fitz, Smith (x 3), McCarthy,

Hannigan, Horn, Blake, Williamson and Forth families (plus 32 x Possums Early Learning families), thank you from the bottom of our hearts for your generosity, your kind thoughts and empathy towards our community during what has been the most challenging time we have ever experienced.

The school community's act of kindness will never be forgotten and we will treasure it always.

From the Community of Lismore'

Have a great week and I look forward to seeing many of you at parent teacher interviews.

Kate



The Resilience Project--We hope you had a chance to have a look at the parent video introducing the 'The Resilience Project'

Each week in class the children are working through the units from this wonderful program. Every child has a Resilience Project Journal which they fill in each week during their lesson. Gratitude is being thankful and expressing appreciation for what one has – as opposed to focusing on the lack of something.

Research shows that practicing gratitude rewires our brains to overcome the negativity bias (which can lead to anxiety and depression) and see the world that we are thankful for. It is also shown to broaden thinking, and increase physical health through improved sleep and attitude to exercise.

View Part 2: Gratitude of the series here:

https://theresilienceproject.com.au/parent-and-carer-hub/

There are many ways in which you can practise gratitude, including starting a Wellbeing Journal. The following are a few ideas to get started. Many of our staff have started their own Journal since we have begun this program.

Gratitude

- Write down three things that went well today
- Think or write down something you are looking forward to tomorrow.
- Write down who you are most grateful for and why

RE News - Mrs Davies

Our Josephite Heritage

This year we will endeavor to honor our Josephite heritage and the immense contribution by the sisters in shaping our school, by including a reflection or quote from Mary MacKillop in our newsletter each week. Mary MacKillop was a renowned educator as she provided education to the poor. Besides her interest in teaching, she founded schools, orphanages, and nursing homes for the lower classes people across the country. Her words are a wonderful challenge to us and a reminder we have the ability to make a positive difference in the lives of others.



KEY DATES

Monday March 28th

Year 6 Transition visit by MacKillop

Tuesday March 29th - Wednesday March 30th

Parent Teacher Interviews Bookings through PAM

Thursday April 7th

Easter Raffle Drawn

Friday April 8th

Last Day of Term 1
Early finish
First bell 2.15pm

Monday April 25th

ANZAC Day Public Holiday

Tuesday April 26th

First Day of Term 2

News from the Office

<u>OSHC @ 2 Murlang - Before & After School Care</u>



The Out of School Hours Care program, @ 2 Murlong, is operating out of the gym hub and provides before and after school care for school age children in the Swan Hill area. Please express your interest via the following link:

https://prodadmin.myxplor.com/enrollment/index/dHdBOThsSW9JeHUxYTEwaHNxZlMrdz0

Canteen Helpers Needed

We are looking for volunteers to help in our school canteen. Parents, grandparents, aunties, everyone is welcome. Volunteer hours are generally from 11.30am-1.30pm but any assistance would be greatly appreciated. You will need to have a valid Working with Children's Check and also provide evidence of your triple vaccination status.

Please email office@smswanhill.catholic.edu.au with days/dates that you are able to assist.

Mon March 28	Tues March 29	Wed March 30	Thur March 31	Fri April 1	
Kylie Shoesmith	Mag Kiley	Mag Kiley Kylie Andrews Sharni Grah		Lyn Lawry	
Mon April 4	Tue April 5	Wed April 6	Thur April 7	Fri April 8	
Sarah Cameron	Tiffany Bennett	Kath Elston	Rhiannon Jennings	Meagan Kelly	

Changes to Tower Hill bus routes

There has been a new bus added to service the increasing number of students who reside at Tower Hill and also a change to the bus routes that service Tower Hill. All families who use these buses have been notified of this.

Our bus route maps can be viewed on our school website https://smswanhill.catholic.edu.au/buses/





COF Pay recess and lunch orders

Just a reminder that the cut off for recess and lunch orders on CDF Pay is **10am**. https://smswanhill.cdfpay.org.au

Breakfast Club - Donations needed

Breakfast Club is currently seeking donations of Vegemite and Jam. Donations can be left at the office.



School Fees

Just a reminder that the end of term is fast approaching. For those who pay their school fees per term, payment is due by April 8th. Statements were emailed at the end of last week.

ANZAC Day Badges for Sale

We have ANZAC Day badges for sale in the office. Prices range from 50 cents to \$5.



Student of the Week - Term 1 Week 8						
6A	Kit C	Blake D				
6B	Charlie E	April G				
6W	Arna C	Bayden B				
6Y	Thomas K	Mary C Zyma A				
5 Orange	Adi B	Brody S				
5 Yellow	Kell P	Larni O'B				
5 Green	Eliza L	Charlotte O'C				
5 Blue	Wajiha E	Kayla McI				
4K	Macey H	Ana D				
4L	Temi O	Samantha P				
4M	Emily S	Kevin V				
4N	Jesse C	Miah H				
3G	Sophia N	Emme B				
зн	Max P	Khang V				
31	Austin F	Lizzie T				
3J	Tilly S	Toby G				
2R	Charlie R	Violet Graham				
2S	Ellery M	Ruby McD				
2U	All of 2U					
10	Dillon B	Matilda M				
1P	Freddy P Billy L	Eva R				
1Q	Jimmy H	Agamjot S				
FC	Oscar B	Harry R				
FD	Charlie B	Ardy T				
FE	Logan S	Sophia W				
FF	Kindilan C	Eric M				
FT	Sarah M	Ashton R				
Art	Abhijeet B, Gemma N					
Music	4N, 3J, Thomas K					
Drama	Spencer G					
Italian	Mia H, Foundation Comets, Dillon B, Aidee B					
PE	Gemma N, All of 3H, Indi C, Miller C					





Registrations for City Netball are now open -

Wednesday nights from 4 pm (exact times to be advised) Netsetgo Prep-2, From 4.45pm Grades 3-7.

Starting Term 2, 4th May 2022 at the Indoor Stadium

NETSETGO: Preps to grade 2 - \$115. Includes netsetgo pack from netball Victoria and club coaching /skills and introduction to positions and game play at the courts.

NETSETGO: Grades 3 & 4 Modified competition - \$149. Includes netsetgo pack from netball Victoria and coaching / unscored team match weekly at the courts.

SENIOR COMP: Grades 5/6/7 - \$179. Includes dedicated coach, scored match, finals series, court umpires.

Catering for all levels; 2 great value Terms of fitness, skills, fun, friendship and competition!

Head to www.netballconnect.worldsportaction.com/login to register. Either fill in your current log ins or click on new user if it's your first time registering with the new netball vic system. Information on how to register is on the city facebook page. Any problems please email shammet14@gmail.com with as much detail as possible.

Note: VIC get active kids sport vouchers can be used at this club.

Registrations close 4th April 2022

Don't forget our Facebook page for all current information—Swan Hill City & District Netball Association.

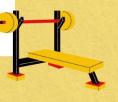


MOVEMENT IDEAS

- Shoot some hoops
- Find a fun running track
- Help mow the lawns
- · Play backyard cricket
- Go for a swim
- Have a hit of tennis
- Kick the footy
- · Walk the dog
- · Paddle in the lake
- Use the gym equipment at the park
- Ride a bike
- · Walk by the river
- Sweep the floors
- · Dance to your favourite song











If there are any existing medical conditions, or have any adverse reactions completing movements, exercises or activities - please seek medical advice before commencing or continuing movement that is outside of your usual activities.

name: ACTIVE APRI age: SUN TUE SAT THU EXAMPLE: Walked the dog - 30 mins Swimming Lessons - 45 mins 12 10 11 13 14 15 16 17 18 20 21 23 24 21 28 29 30 26

MATEC

Move more often this April! Write down the activities you do & how long you do them for! Track your activities to have a chance to win some awesome prizes!

Join in & have some fun!

HOW TO ENTER

Fill in your details (top left). Take a picture of your completed calendar. Email it or drop it off at the Health Promotion Department.

> Email - mopthoog@shdh.org.au Drop in to - 60 McCrae St, Swan Hill (Health Promotion Department)





	SUN	MON	TUE	WED	THU	FRI	SAT
Notes							
Move more often this month. Write down the different activities you do! See if you can find some fun new ways to move your body!							



PROGRAM COST IS \$85 AND YOU GET AN AFL PACK SENT TO YOUR HOME & A GREAT PROGRAM NAB AUSKICK – JOIN THE FUN!

AND SMALL SIDED GAMES **FUNDAMENTAL SKILLS**





GREAT FOR SOCIAL PLENTY OF FUN!

INTERACTION!





play.afl/auskick



Happy Birthday

March 29 - Jaz S
March 30 - Ava G, Eveleen K
March 31 - Aria D B, Kathleen K
April 1 - Kruz H
April 2 - Henry O'B
April 3 - Shiloh C, Levi P

We hope you have a lovely day!!!!

