



Term 3 Week 10

St. Mary's Primary School Newsletter

website: www.smswanhill.catholic.edu.au



13th September, 2021

Welcome to Week 10

Dear Families,

It was wonderful to see our Foundation-Year 2 students back at school on Friday. Our focus for the return to school has been on getting back into a routine and reconnecting with staff and friends. Please know that we are monitoring how our junior children are settling back into school life after an extended stint of remote learning and have put many supports into place to assist them. I am also extremely mindful of our Year 3-6 students and teachers who are still working offsite. It is very hard on everyone when we have one half of our school operating as normal and the other still learning from home. The remote learning program will continue to be delivered this week but we are very hopeful we will all be back together very soon. With holidays just around the corner, I really want to take the opportunity to sincerely thank families, staff and students for your hard work and efforts this term with remote learning. It's been another unprecedented term, with lots of different rules and regulations to follow and I am so grateful for the way everyone has taken on the many changes we have had to make to the way we normally operate. Once again, I am so impressed with the efforts that students are putting into their remote learning and ask them to keep up the great work for a few more days....we are on the home stretch now!



Facebook & Instagram

Foundation Orange entertained us all with the amazing "magic tricks" they performed as part of their assembly prayer last week and we are looking forward to a special prayer from 3W.

Why not check out our school Facebook and Instagram pages? They are a great way to keep 'in the loop' about what is happening at school, particularly while we are remote learning.

<https://www.facebook.com/stmarysswanhillvictoria/videos/128285966119785>

Wednesday 15th September - Virtual Disco

Usually one of the highlights of Term 3 is the school disco. While a virtual disco won't be quite the same as dancing to DJ Joe (Dorigo) we hope it is a close second until we can host the real deal next term. Hosted by Bop till you Drop, we are running 3 separate virtual discos throughout the day. Our junior students will be able to party in their classrooms at school while details of times and how to log in for our Year 3-6 students will come via the classroom teachers. Wednesday is **CASUAL DRESS** - theme **DISCO FEVER!**

VIRTUAL DISCO

Wednesday 15th September
 Casual Dress Day - Disco Fever
 Year 3 & Year 4: 9.10am-10.10am
 Foundation, Year 1 & Year 2: 10.15am-10.45am
 Year 5 & Year 6: 11.30am-12.30pm

This fun filled event is for all students so get your dancing shoes ready!

Footy Colours Day - Casual Dress: Wear your team colours

This Thursday 16th of September, we will be holding our annual Footy Colours Day. Obviously it will look a little different to previous years as we still have our Year 3-6 students doing remote learning. Plenty of fun activities for everyone and Years 2-6 will be involved in an online Footy session run by Dave Alderuccio and AFL Central Victoria. A fun day is sure to be had!



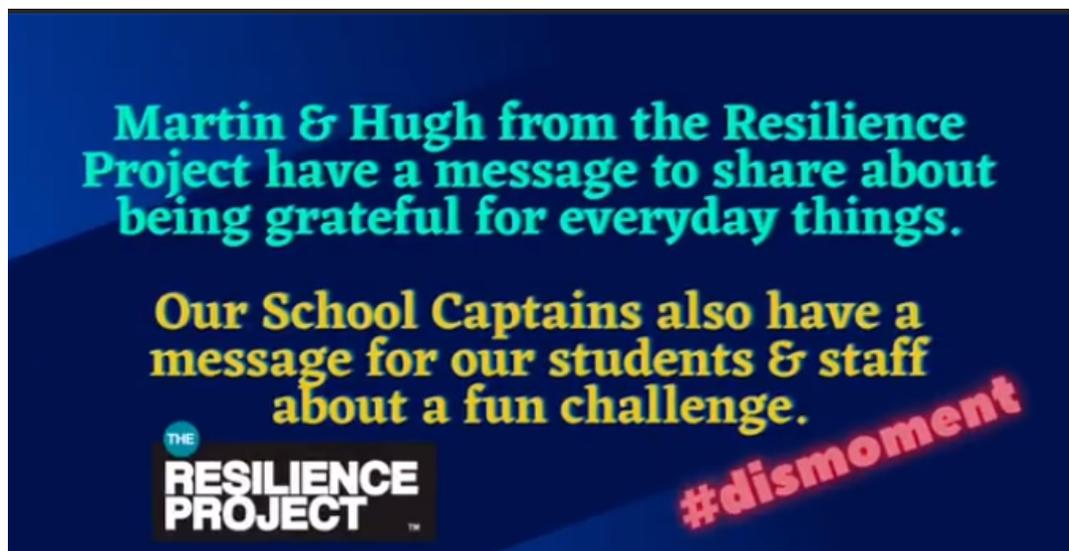
DIS Moments

What is a DIS Moment? It is related to Hugh (from The Resilience Project) story about the little boy in India who was so grateful for all the little things he had - when he pointed to something he was grateful for, he would say "Dis", as he couldn't pronounce "This".

While this lockdown has been hard on everyone, we all know we have so much to be grateful for. The video below includes a section from The Resilience Project and at the end of the video the school captains share their challenge and have invited students and staff to share their DIS moments with our school community.

What is your DIS moment as a family?

<https://www.facebook.com/stmarysswanhillvictoria/videos/380380933670990>



Enrolments for 2022

We are still taking enrolments for Foundation and other year levels for 2022. If you know of anyone who is considering St Mary's next year could you please let them know that enrolments are open and to make contact with the school for further information.



Library loans

For our Year 3-6 families If you would like a pack of books for your family from the library, please email Lisa at landerson@smswanhill.catholic.edu.au and she will organise these and let you know when they are ready for collection from the office. Happy reading over the holidays.

It's been a big term and I hope all families have the chance to relax and reenergize over the break. Wishing you a happy and safe holiday.

Kate



Curriculum News - Mrs Hall

2021: Young Writers Competition: Move

This year again as a school we are proud to be participating in the Young Writers Award, which is kindly organised by our local library. The competition is devised to inspire students to write a narrative piece of no more than 500 words. This year's theme is 'Move'. The competition consists of 7 categories; Grade Prep, Grade 1/2, Grade 3/4, Grade 5/6, Year 7/8, Year 9/10 and Multi-class.



The following students have made the shortlisted entries on behalf of St. Mary's and have had their entry submitted to the library. We wish them all the best.

<u>YOUNG WRITERS AWARD</u> <u>2021 Shortlisted Finalists</u>		<u>Foundation</u>	<i>Lola Violi - FO</i> <i>Eva Rogers - FY</i> <i>Darcy McLaughlin - FB</i>
<u>Year 1</u>	<i>Thea Templeton - 1C</i> <i>Marcus McInerney - 1D</i> <i>Kali Ocampo - 1E</i>	<u>Year 2</u>	<i>Tilly Saunders - 2L</i> <i>Isabel Free - 2N</i>
<u>Year 3</u>	<i>Belle Lovell - 3W</i> <i>Kathleen Kennedy - 3Y</i> <i>Tyler Mazzarella - 3A</i> <i>Daisy Morris - 3B</i>	<u>Year 4</u>	<i>Georgia Martin - 4G</i> <i>Ella Carrison - 4G</i> <i>Aiden Kennedy - 4H</i> <i>Jasnoor Kapoor - 4I</i>
<u>Year 5</u>	<i>Mary Casey - 5S</i> <i>Ella Whateley - 5U</i> <i>Ruby Toms - 5F</i>	<u>Year 6</u>	<i>Reesha Khosa - 6R</i> <i>Carly Shepherd - 6R</i> <i>Julian Muir - 6P</i> <i>Reese Parsons - 6Q</i>

Wellbeing

De-escalation strategies from Sue Larkey

Sue Larkey is a well known author, presenter and advocate for children with Autism Spectrum Disorder. As a school we subscribe to her valuable webinars, podcasts and professional readings. Many of her strategies are just as valuable for all of us so we are sharing this wonderful poster on de-escalation strategies. We all have witnessed our children having meltdowns or feeling so overwhelmed that they act out. It's a good one to have on the fridge (poster on the following page).



DE-ESCALATION

Strategies for Meltdown/Shutdown

Use a Calm voice

Re-assure

Act calm,
even if
you're not

Give
processing
time

Slow it Down,
Break it Down

Use Visuals to
Communicate

Give small
achievable steps

Re-direct

Silence - Don't talk
where possible

Calm the
environment

Validate
Feelings

Give them
extra
space

Ignore whenever
possible

Answer their
questions but don't
coach, correct

Decrease sensory
stimulation

Avoid saying 'NO', as
they will hear 'NEVER'

Ignore inappropriate
language, tone, etc.

Don't
try to
Reason

Tell what to
do, NOT what
not to do

Let them know you are
there if they need you

THE
SUE LARKEY
PODCAST

AVAILABLE ON
ALL PODCAST
PLATFORMS

- › *Episode 112*: De-escalation Strategies Before, During & After a Meltdown/Shutdown
- › *Episode 70*: Understanding Meltdowns with Jed Baker
- › *Episode 8*: 3 Stages of Meltdown



Key Dates

Monday September 13th-

Friday September 17th

Year 3 - Year 6 students
Remote Learning Continues

Wednesday September 15th

Virtual Disco
Casual Dress Day
Theme - Disco Fever

Thursday September 16th

Footy Colour Day
Casual Dress Day
Wear your team colours

Friday September 17th

Last Day of Term 3
2.15pm early finish

Monday October 4th

Term 4 commences

News from the Office.....

OSHC @ 2 Murlong

The Out of School Hours Care program, @ 2 Murlong, is operating out of the gym hub and provides before and after school care for school age children in the Swan Hill area. Please express your interest via the following link;

<https://prodadmin.myxplor.com/enrollment/index/dHdBOThsSW9JeHUxYTEwaHNxZlMrdz0>



How we communicate with you through PAM

PAM is St Mary's main communication platform. All school related information is sent through PAM, so it is important to check your emails regularly. All communication via PAM will be sent to the email address linked to your PAM account. Please also check your spam/junk mail as sometimes these emails will go to this folder. Just mark the email "not spam/junk" and emails should then begin to appear in your inbox.

Here is an overview of the different types of communication you will receive through PAM;

noreply@smswanhill.catholic.edu.au – General school information/announcements/updates or information we need to communicate to all families or a large percentage of families. Please note that this information may not always be relevant to your family.

Newsletter – emailed weekly to the email address linked to your PAM account.

Letters – you will receive an email notification advising you have a new letter available to view. These letters could be in regards to additional support programs, appointments, administration matters etc. There will be a link to access this through PAM.

Click on this link, this will take you to PAM, log in and in the top right hand corner on the "bell" will be a red dot with a number inside. These are your notifications. Click on this to view any letters/attachments. The red numbered dot will disappear once the letter has been opened.

You can view past letters by clicking on the student, profile menu, "Letters".

Excursions & School Activity Permissions - you will receive an email notification advising you have a new "school activity permission" available to view. There will be a link to access this through PAM.

Click on this link, this will take you to PAM, log in and in the top right hand corner on the "bell" will be a red dot with a number inside. These are your notifications. Click to view school activity permission details. Consent is given by scrolling to the bottom of the school activity details. The red numbered dot will disappear once the school activity permission has been opened.

You can view past letters by clicking on the student, profile menu, "School Activities".

Second Hand Jumpers

Our second hand cupboard is overflowing with jumpers!!! Jumpers are available for a donation. Please remember to clearly label all school items so that they can be easily returned.



Student of the Week - Term 3, Week 9

6O	Amaya H	Charlie G
6P	Ryley F	Jules M
6Q	Olly A	Elle T
6R	Max C	Carly S
5S	Mary C Mitch K	Bayden B Levi P
5T	Violet C Arna C	Ava G
5U	April G	Thomas R
5F	Rory D	Maddox P Chloe N
4G	Leo K	Noa Bella W
4H	Jack B Cooper G	Bohden B
4I	Ellah D	Flynn O'B
4J	Larni O'B	William McD
3A	All of 3A	
3B	Aidee B	Tahlia G
3W	Mac B	Paige L
3Y	Ryder W	Ella S
2K	Steffany S Memphis T	Archer T
2L	Esha K	Vann N
2M	Isaac R	Simran K
2N	All of 2N	
1C	All of 1C	
1D	Jaxon N	Jayla P Lachie L
1E	Amelie R Luca B	George M
F Blue	Dillon B	Helen S
F Green	Zac D	Alira C
F Yellow	Maddy McM	Quinn L Menaal M
F Orange	All of FO	



Happy Birthday

September 14th - Dillon B, Cooper H, Sophia N

September 15th - Travis B-B, Milly H

September 16th - Rayne E, Scarlet G

September 17th - Harry H

September 19th - Tahlia G, Callum M, Spencer S

September 20th - Bohden B, Oscar E, John Ken N

September 21st - Isla P, Emily P

September 23rd - Madison Mc L, Madison McM

September 24th - Matilda M, William O'B,

Abigail P, Luca Z

We hope you have a lovely day!!!!



Happy Birthday

September 25th - Macey H

September 26th - Kyra C, Charlotte M

September 28th - Isabella C

**September 29th - Zoe B, Lana B, Ananya J,
Jimmy W**

September 30th - Isla B, Brodey C, Ruby G

October 1st - Wajiha E, Dex M, Steele W, Stella W

October 2nd - Eliza M

October 3rd - Jack C, Mason F, Cody G, Elouise Mc

We hope you have a lovely day!!!!

SHOW YOUR TRUE

COLOURS

FOOTY

COLOURS

DAY!



THURSDAY 16TH SEPTEMBER

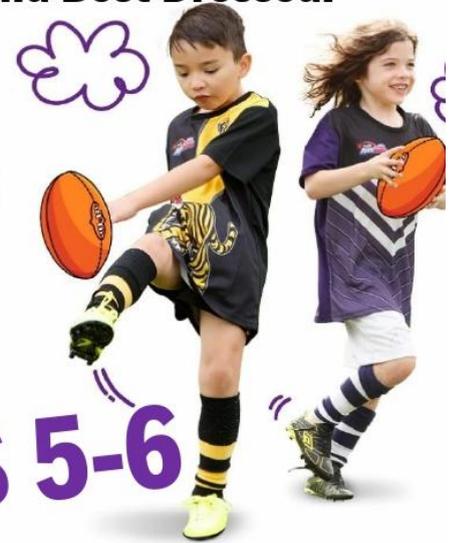
Dress up in your favourite FOOTBALL COLOURS!

Fun and Exciting Kahoot Activities

Prizes will be given out for Top 3 in Kahoot and Best Dressed!

Download the Kahoot APP on a device

Click the Webex Link! Join and have some Fun!



GRADES 2-4

TIME: 10 AM

LINK:

<https://aflmeetings.webex.com/aflmeetings/j.php?MTID=mc42215890120a977b94a4e57b2df9ee9>

GRADES 5-6

TIME: 11 AM

LINK:

<https://aflmeetings.webex.com/aflmeetings/j.php?MTID=m8110e656b3ee21fe6a9f8fd5a5f86a39>

LEARN MAGIC

**EXTRAORDINARY FUN
THAT MAKES GREAT KIDS APPEAR!**



Virtual Magic Show & Workshop

**Join us on the 22nd of September
for a 30min virtual magic show
and a 2 hour virtual magic workshop!
A morning filled with magic, fun and laughter.**

**For more information and to book head to:
magicacademy.com.au/magic-morning**



SCHOOL CHILDREN, PARENTS, GRANDPARENTS, EVERYONE

DISC GOLF AT THE NYAH WEST GOLF CLUB

WILL BE UP AND RUNNING

FROM 10.00am TO 3.00pm

EACH MONDAY, WEDNESDAY AND FRIDAY

OVER THE SCHOOL HOLIDAYS.



IT IS FREE TO PLAY.

IF YOU HAVE YOUR OWN DISC, BRING IT WITH YOU, OTHERWISE **YOU CAN HIRE A DISC FROM THE GOLF CLUB FOR \$5.00 FULLY REFUNDABLE** WHEN YOU RETURN THE DISC.

202 Yarraby Road, Nyah West 3595

More enquiry phone Graham Muir 0418 350 280



SS are looking forward to the holidays:

Mrs Dacey
I am really looking forward to spending lots of time with my beautiful little grandson Solomon. I am also looking forward to going for lots of walks and enjoying the beautiful weather these holidays.

Sara
I am looking forward to relaxing and enjoying the beautiful weather.

Zaidee
I am looking forward to resting and maybe going to the park, and hanging out with my friends.

Saxcen
I am looking forward to having good weather and my birthday. Which I can hopefully have some people come to my house.

Ryan
I am looking forward to hanging out with friends and sleeping in.



Sally
One thing I'm looking forward to is to have a sleep in and stay inside for the rest of the weekend.

Ramel
I am looking forward to sleeping late and playing with my friends online. I might also be seeing my niece, nephew and cousin.

Mary
I am looking forward to being out of lockdowns so that I can see friends and seeing all my family that are coming in the holidays.

Stella
I am looking forward to swimming in my pool and relaxing and maybe seeing my friends.

Mitch
I am looking forward to playing games and resting my sore knee. Also hanging out with my mates.

Levi
I am looking forward to hanging out with friends and having more time to do stuff

Zyma
I am looking forward to hanging out with my friends and going out to the farm to learn how to ride a motorbike. Also probably seeing my niece.

Jobe
I am looking forward to going to Torquay on the holidays.

Jack
I'm looking forward to swimming and more time to do stuff.

Jimmy
I am looking forward to playing with my mates, hitting jumps, swimming in my pool, going camping and riding my motorbike.



Jedd
I am looking forward to riding my motorbike and building jumps and having sleepovers and going pig hunting and skiing.

Charlie.E
I am looking forward to kicking the footy with dad and maybe having some friends out

Charlie.B
Motorbike riding, sleepovers and seeing my mates and building jumps for my push bike
Also jumping jumps on my push bike.

Bayden
I am looking forward to maybe going camping with my mum.

Jasmeen
I am looking forward to seeing my aunty and my cousin who are coming to Swan Hill.

Zoe
I am looking forward to going camping if we are allowed and going to see my friends in Ballarat

Kevin
I am looking forward to playing with my friends and talking with them, sleeping, and riding my bike.

Keerat
I am looking forward to moving in to our new house and relaxing on the weekend with my family and friends

Harper
Motorbike riding having sleepovers going camping and going skiing

