



Term 2 Week 6

# St. Mary's Primary School Newsletter

website: [www.smswanhill.catholic.edu.au](http://www.smswanhill.catholic.edu.au)



24th of May, 2021

## Welcome to Week 6

Dear Parents and Families,

We had a really successful Open Day yesterday with a number of families taking the opportunity to look through our school, meet staff and ask questions about aspects of school life at St Mary's and about our preschool transition program we run in Term 3- Flying Start. Thank you to our wonderful Foundation teachers, specialist staff and Ebony who made the Open Day such a positive experience for all who came along. Well done to Miss Clark for her organisation of the Junior Cross Country. There was a terrific atmosphere on Thursday, with friends, family and our older students all encouraging our runners and celebrating their efforts. Luckily the children have had the extra long weekend to recover from their big run! This week we farewell Mrs Renita Holyoak as she begins maternity leave and we are looking forward to hearing some exciting baby news soon. Renita's Italian classes will be covered by Barb Croft and Melita Sartori while her work in Foundation Yellow has been left in the very capable hands of Mrs Karen Jobling.

### Catholic Education Week & CESH Mass

In recognition of 200 years of Catholic education in Australia, *Catholic Education Week 2021*, will align with school communities across Australia in celebrating this landmark event. The theme for the week is **Faith in the Future**. Today our school captains and Mrs Davies travelled to Ballarat to represent our school at the diocesan Mass. With COVID restrictions still in place, we are celebrating our CESH Day a little differently with only the senior school and Foundation classes heading to Mackillop on Thursday for Mass and a shared lunch. The Year 1-4 students will have their own fun activities and an icecream back at school. **All students in Year 1-4 are to wear their PE Uniform on Thursday.**



### Enrolments and Flying Start

Places are filling fast, especially in the 9.30am session, so don't forget to contact the school to confirm a place for your preschooler. They love the chance to experience sessions of Phonics, Music, Italian, Physical Education, Art and Technology and to meet many of our teachers along the way. Flying Start runs in Term 3 on Friday mornings from (1) 9:00 to 10:30 and (2) 11:30 – 1:00 for all interested families. Our local preschools, including [Shamrock Park](#) are also open for 2022 enrolments for both 3 & 4 year old preschool with more information available on the Shine Bright webpage.

**Get off to a Flying Start**

St Mary's free school familiarisation program for PRE-SCHOOL CHILDREN  
Our 4 week program starts on Friday July 23rd  
Session times: 9am-10.30am and 11.30am-1pm  
Contact our office on 5033 2541 for further information or to book a place

Let your child experience life at St Mary's enjoying our Phonics, Music, PE, Italian, Art and Technology Programs

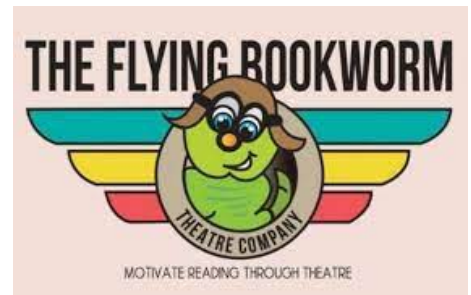
**2022 ENROLMENTS ARE NOW OPEN**

ST MARY'S PRIMARY SCHOOL  
2 Murlong Street, Swan Hill

Email: [office@smswanhill.catholic.edu.au](mailto:office@smswanhill.catholic.edu.au) Website: [www.smswanhill.catholic.edu.au](http://www.smswanhill.catholic.edu.au)  
Facebook: [stmarysswanhillvictoria](https://www.facebook.com/stmarysswanhillvictoria) Instagram: [stmarysswanhill](https://www.instagram.com/stmarysswanhill)

### Flying Bookworm performance

A favourite incursion for the junior children, the Flying Bookworm are back this Tuesday with performances at 11:45 (Foundation) and again at 1:45 (Year 1). The Flying Bookworm company requires a lot of participation from the audience so with everything from The Gingerbread Man to the The three Little Pigs on the program we are in for some fun as they recruit both staff and students to help out!



### Sacrament of Confirmation

Our Confirmation Masses are fast approaching and we are looking forward to celebrating this special Sacrament with our Year 3 & 4 children. This weekend it is the turn of the Year 4 students with our Year 3 students receiving this Sacrament of Initiation in early June. A reminder to bring your stole to the celebrations. Mrs Davies and members of the staff will be there to welcome and support you.

### Casual Dress Day - Friday 28th May

This Friday will be our next casual dress day and our SRC are raising money for a very worthy cause - Motor Neurone Disease (MND). There will be more details to follow throughout the week - this will be a chance to pull those MND beanies out of the cupboard and get your blue clothes ready to go!

### Italian Day

**Italian Day will be held on Wednesday, 16<sup>th</sup> June.**

It only happens every two years- this highly anticipated event is back! Every second year we hold a whole school Italian Day to celebrate the Italian language and culture. **Students are invited to come to school dressed in an Italian costume or the colours of the flag.**

It's a fun filled day of Italian themed activities followed by a live performance from Melbourne. Gelato and cannoli will be available at recess and lunch and there will be Italian food available to order through CDF Pay for lunch. More details to follow in the coming weeks. You are most welcome to join us for lunch on the day and we will be sure to upload highlights of the day on our Facebook page.



Have a terrific week and let's hope there is some rain on the way to our farming communities

**Kate**



## Seasons For Growth Program

This year we intend to run a 'Seasons For Growth' program facilitated by Brenda Ford who is specially trained to run this wonderful program.

Seasons For Growth is an educational program which explores the effects of **change, loss and grief**. Using age appropriate and engaging activities the facilitator works with a small peer group exploring feelings, memories, loss and grief in a safe and creative way.

If you are interested in your child or children being involved in this program please ring the office to indicate an expression of Interest and either Ginny or Brenda will make contact.

Kind regards,

Ginny Gook and Brenda Ford

## DE-ESCALATION--Strategies for Meltdown/Shutdown

Some really valuable strategies for all of us to consider when children have a meltdown or shutdown.

**DE-ESCALATION**  
*Strategies for Meltdown/Shutdown*

- Use a Calm voice
- Re-assure
- Act calm, even if you're not
- Give processing time
- Slow it Down, Break it Down
- Use Visuals to Communicate
- Give small achievable steps
- Re-direct
- Silence - Don't talk where possible
- Calm the environment
- Validate Feelings
- Give them extra space
- Ignore whenever possible
- Answer their questions but don't coach, correct
- Decrease sensory stimulation
- Avoid saying 'NO', as they will hear 'NEVER'
- Ignore inappropriate language, tone, etc.
- Don't try to Reason
- Tell what to do, NOT what not to do
- Let them know you are there if they need you

**THE SUE LARKEY PODCAST**

AVAILABLE ON ALL PODCAST PLATFORMS

- ▶ Episode 112: De-escalation Strategies Before, During & After a Meltdown/Shutdown
- ▶ Episode 70: Understanding Meltdowns with Jed Baker
- ▶ Episode 8: 3 Stages of Meltdown

## RE News - Mrs Davies

Our Confirmation Masses begin this weekend! We are really looking forward to celebrating with the Year 4 children this weekend coming and the Year 3 children next weekend - 5th & 6th of June. This week there will be further information sent home regarding the Masses as well as your child's iron-on symbol.

This week the children will also be learning about different Saints and will choose a Saint name to use during their Confirmation Mass. On Wednesday morning, we are looking forward to heading down to the Church for a practice ahead of the masses on the weekend. If you have any other queries please feel free to contact me at school.

Congratulations to the following children who will be receiving their Sacrament of Confirmation this weekend.

<b>Saturday 29th May - 6.30pm</b>	<b>Sunday 30th May - 10.30am</b>
Sienna C. Lucas O. Tommy N. Bohden B. Kell P. Elli S. Asha N. Jaggar M.	Noa Bella W. Prue O. Finn H. Aiden K. Emily L. Lola P. Evie K. Hugh A. Taj K. Flynn O. Maddyn F. Rory M. Lola R. Mayla C. Charli W. Eliza L. Henry D. Charlize B. Reve O. Martin N. Molly D. Larni O. Ruby G. Pearl D. Hamish L. Grace L.



## Key Dates

### Monday May 24th

Division Girls Football  
Year 5 & 6

### Tuesday May 25th

Flying Bookworm  
Performance  
Foundation & Year 1

### Thursday May 27th

CESH Mass  
Foundation, Year 5 & Year 6  
Information has been sent  
via PAM

### Friday May 28th

Casual Dress Day  
MND Awareness  
Wear something blue  
Gold coin donation

### Saturday May 29th &

#### Sunday May 30th

Year 4 Confirmation

### Saturday June 5th &

#### Sunday June 6th

Year 3 Confirmation

### Monday June 14th

Public Holiday

### Wednesday June 16th

Italian Day  
More information to come

### Thursday June 17th

School in Action Tour  
9.30am-11am  
For prospective families

### Friday June 18th

Year 5 & 6  
Division Winter sports  
Information will be sent  
via PAM

## *News from the Office*

### Flying Start - A school familiarisation program for Preschool Children

Come and experience life at St. Mary's enjoying our Phonics, Music, Italian, Physical Education, Art and Technology Programs for children. This **FREE** program will be run in Term 3 on Friday mornings from (1) 9:00 to 10:30 and (2) 11:30 – 1:00 for all interested families.

Since opening 2022 Foundation enrolments and running our first Open Day, enrolments are steadily coming in for our Flying Start Program. For those of you with a preschooler please contact the school office to confirm a place or for further enquiries phone Kate or Ebony on 03 50332541 or email [principal@smswanhill.catholic.edu.au](mailto:principal@smswanhill.catholic.edu.au).

### Canteen

**WE ARE IN DESPERATE NEED OF CANTEEN HELPERS. VOLUNTEER HOURS ARE 11.30am-1.30pm. PLEASE CONTACT THE OFFICE IF YOU ARE ABLE TO HELP.**

Mon May 24	Tue May 25	Wed May 26	Thur May 27	Fri May 28
Tiffany Bennett	Lisa Brady	Emma Wilkins	Amanda Atkinson	Kellie Farley Kristy Kelly
Mon May 31	Tues June 1	Wed June 2	Thur June 3	Fri June 4
Tim Dunstan	<b>need someone</b>	Andrea O'Reilly	<b>need someone</b>	<b>need someone</b>

### Book Club Issue 4

Scholastic Book Club Issue 4 is now available. We will not be accepting cash payments for orders. Please order online following the instructions below.

**Issue 3 orders are due by Wednesday 9th of June 2021.**

This is the link for LOOP, which will allow you to make an online order and payment

<https://mybookclubs.scholastic.com.au/Parent/Login.aspx>

If you are not registered for LOOP, click on the link above and create a new account. You will need to enter your details, add children and select our school (St. Mary's SWAN HILL)

If you have any questions or are having trouble with the LOOP ordering system, please contact the office via email - [office@smswanhill.catholic.edu.au](mailto:office@smswanhill.catholic.edu.au)

### PAM Tip of the Week

*Is your child going on a camp or excursion and you can't remember the details or what they need to bring?*

- Simply log into your PAM account
- Select the child who is going on the camp, excursion etc
- From the Profile Menu, select "School Activities"
- Click "View" on the appropriate camp or excursion
- You will be able to see all details, attachments etc in relation to the camp or activity



### Leave Passes

If you need to collect your child for an appointment or take them home early during the school day, please come to the school office to collect a leave pass. You will then be able to go to your child's classroom to pick them up (it is not necessary to phone the school before picking them up). If the child returns to school after their appointment, they need to collect a pass from the office before returning to their classroom. **Just a reminder to please arrange appointments outside of school hours wherever possible.**

### Lost Property

Our lost property cupboard is overflowing with jumpers. Please remember to **clearly name all school items** so they can be easily returned. Second hand jumpers can be purchased for a gold coin donation.

Shine Bright EYM



# KINDERGARTEN OPEN DAY

Thursday 27 May 2021

9:00 am to 11:30 am



This is a great opportunity to make an informed decision about your child's 2022 Kindergarten enrolment.

Further information and a full list of participating Shine Bright Kindergartens can be found on the Shine Bright website [www.shinebright.org.au](http://www.shinebright.org.au)

AFL CENTRAL VICTORIA

# FOOTBALL

## COME AND TRY GIRLS



Ages 5 – 12 Years of Age

Tuesday 25<sup>th</sup> May 2021 5.00 PM – 6.00 PM  
SWAN HILL RECREATION RESERVE



Excited to have 2 AFLW Players Visiting  
Sarah Hosking Richmond AFLW  
Brooke Lochland Western Bulldogs AFLW

Registration Link:

<https://forms.office.com/r/cHvM9dCPY5>

SCAN  
ME!



Any questions please contact.

David Alderuccio 0437 558 971 or [david.alderuccio@afl.com.au](mailto:david.alderuccio@afl.com.au)

Proudly Supported by the following





# HAPPY BIRTHDAY TO YOU.....

**MAY 25TH - NOAH F**

**MAY 26TH - APRIL G**

**MAY 27TH - NIRVANA J-J, BEN R**

**MAY 28TH - ESHA K**

**MAY 29TH - RYAN H, MILLA M, EMMA W**

**MAY 30TH - CHLOE J-L**





# Being Healthy in 1C...

This term in Inquiry we have been learning about different ways we can keep our body and brain healthy. It has been very fitting having lots of events fit into this unit with the Great Race, The Colour Run and Junior School Cross Country. We also made Fruit Kebabs in Inquiry too. We've decided to share different ways we can be healthy.

We can be healthy by...  
Eating lots of different  
fruits.

Violet, Johannes & Ekam

We can be healthy by...  
Doing lots of exercise.

Beau, Judd & Mitch

We can be healthy by...  
Drinking lots of water,  
each day.

Nikolas, Logan & Zed

We can be healthy by...  
Eating lots of different  
veggies.

Leni, Koa & Aria

We can be healthy by...  
Doing Gymnastics.

Eve, Georgie & Hayley

We can be healthy by...  
Eating Cereal.

Alisha, Angela & Lana

We can be healthy by...  
Drinking some milk to  
keep our bones strong.

Maeve, Leo & Thea

